

2 V 2 To Goal



Organization

- A triangle is laid out (use cones lay down 5 yards apart). Two red players take on two blue players. The object of the game is to knock over a cone with a passed ball. Players on offense must work hard to keep possession of the ball. This game is very demanding.
- Players should be rotated after playing for 1 minute. Only cones that are upright when hit with a pass counts. Keep score from round to round, play to 7 points, 9 points or 4-6 rounds.

Coaching Points

- Players on offense should be guided to start their attacking movements away from the triangle. Space behind the defenders is necessary to penetrate and score. All three sides of the triangle should be utilized in trying to score. Aside from trying to score though passing, wall-passes and take-overs should be encouraged in this game.